



Writing Bug

Name: _____

Living Drug-Free

Why is it important to stay away from alcohol, tobacco and drugs? If someone offers them to you, what should you do? What are some good habits that help you avoid substances?

Try These Ideas:

- Name three dangers of alcohol, tobacco and drugs.
- List two ways in which young people can rise above *peer pressure*.
- Keeping busy with positive activities is one way to avoid substances. Name others.

