## **Overcoming Hesitancy**

Read each scenario and think about how you could overcome your hesitancy in new situations with people who are different than you.

Scenarios	Strategies to Use
It is the first day for a new student in your class. The student uses a wheelchair. You have never been around someone in a wheelchair.	
You go with an adult to a store to get a special ingredient for a meal you are making. The store is one that you have never been in and has food items that you are not used to seeing.	
A new family moves in next door to you. The family has kids around your age. The family looks different than you do and it smells like they make foods that are different than you are used to eating.	
You go to a new playground while you are visiting a family member. The other people at the playground look different than you do.	