

Random Acts of Kindness

Read the list of random acts of kindness. Mark the random acts of kindness that you have done or could do.

- Hold the door open for someone
- Tell a joke
- Feed the birds
- Pick up litter
- Compliment a friend
- Bring a custodian a piece of candy
- Write a thank you note for your mail carrier
- Bake cookies for a neighbor
- Set the table for dinner
- Tell someone why they are special to you
- Talk to someone new at school
- Write chalk messages on the sidewalk or driveway
- Weed or shovel for a neighbor
- Donate food to a food pantry
- Read a book to someone
- Say hello or smile at people you pass
- Make a thank you sign for a community helper
- Help make dinner
- Make a get well card for someone
- Bring your neighbor's garbage can back up to their house
- Clean up your room without being asked
- Leave kindness notes or stones in public areas
- Plant a tree or flowers