

# Hibernation

Read the paragraph and then answer the questions.

Hibernation is when an animal sleeps during the winter. Animals eat a lot in the summer and fall to get ready. This keeps them alive during the winter. A black bear can gain up to 30 pounds a week while getting ready to hibernate! In the fall, animals get their nests or dens ready. Some animals put extra food in their nest.

Some animals wake up for a short time to eat. Other animals sleep all winter. The heart rate of a hibernating animal slows way down. So does their breathing. Animals wake up when it gets warmer outside.

(From: <https://www.scholastic.com/teachers/articles/teaching-content/fun-hibernation-facts/>)

1. What do hibernating animals do in the summer and fall?

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2. How many pounds can a black bear gain each week? \_\_\_\_\_

3. What do some animals put in their nests? \_\_\_\_\_

4. How does the heart rate and breathing of a hibernating animal change? \_\_\_\_\_

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