
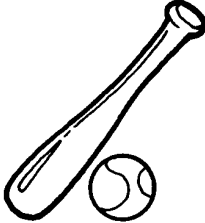
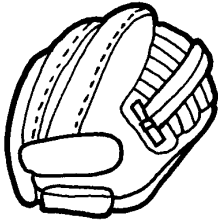

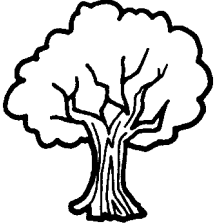

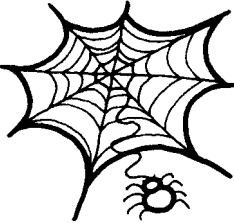
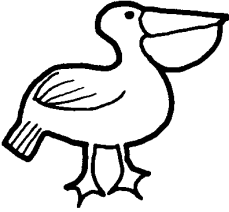
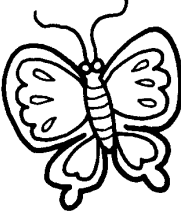

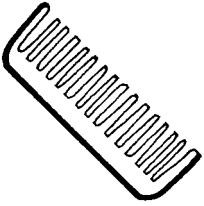
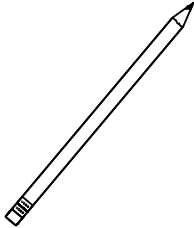
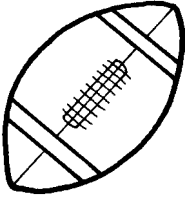

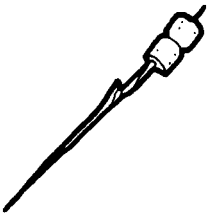


Directions: There are 16 ounces in 1 pound. Complete the chart.

| | | | | | | | | | | |
|---------------|----|----|----|----|----|----|-----|-----|----|-----|
| Ounces (oz.) | 16 | 1. | 48 | 2. | 80 | 3. | 112 | 4. | 5. | 160 |
| Pounds (lbs.) | 1 | 2 | 6. | 4 | 7. | 8. | 9. | 10. | 9 | 11. |

Directions: Look at the objects below. Figure out the best measurement to use to weigh each object. Circle "oz." for ounces or "lb." for pounds.

| | | | | |
|--|--|--|---|--|
| 12.  | 13.  | 14.  | 15.  | 16.  |
| oz. lb. | oz. lb. | oz. lb. | oz. lb. | oz. lb. |
| 17.  | 18.  | 19.  | 20.  | 21.  |
| oz. lb. | oz. lb. | oz. lb. | oz. lb. | oz. lb. |
| 22.  | 23.  | 24.  | 25.  | 26.  |
| oz. lb. | oz. lb. | oz. lb. | oz. lb. | oz. lb. |


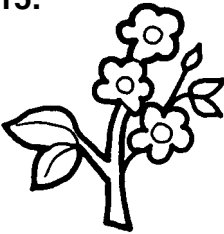


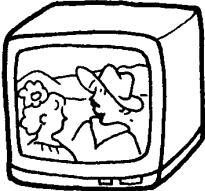

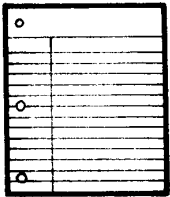

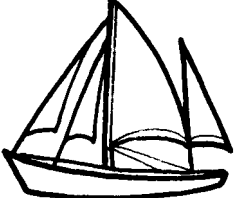

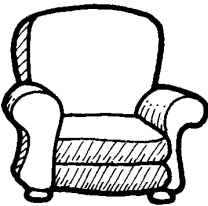


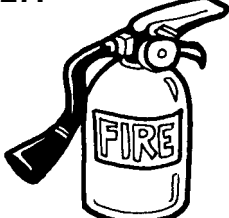

Challenge

Figure out how much you weigh in ounces by taking your weight in pounds and multiplying it by 16. How much do you weigh in ounces? _____ ounces

Directions: Complete the chart.

| | | | | | | | | | | |
|----------------|-------|-------|----|----|-------|----|-----|-------|-----|----|
| Grams (g) | 1,000 | 2,000 | 1. | 2. | 5,000 | 3. | 4. | 8,000 | 5. | 6. |
| Kilograms (kg) | 7. | 2 | 8. | 9. | 10. | 6 | 11. | 12. | 13. | 10 |

Directions: Look at the objects below. Would you use grams (g) or kilograms (kg) to weigh the object? Circle "g" for grams or "kg" for kilograms.

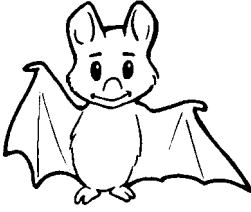

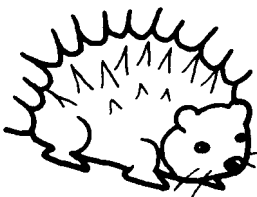
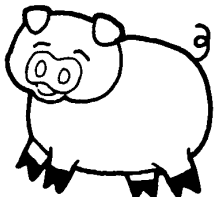
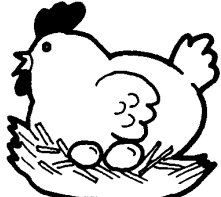
| | | | | |
|--|--|--|---|--|
| 14.  | 15.  | 16.  | 17.  | 18.  |
| g kg | g kg | g kg | g kg | g kg |
| 19.  | 20.  | 21.  | 22.  | 23.  |
| g kg | g kg | g kg | g kg | g kg |
| 24.  | 25.  | 26.  | 27.  | 28.  |
| g kg | g kg | g kg | g kg | g kg |

Challenge

Use a calculator to figure out how much you weigh in kilograms by taking your weight in pounds and multiplying it by .454. How much do you weigh in kilograms? _____ kg



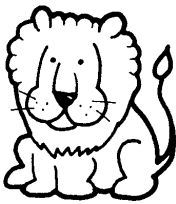

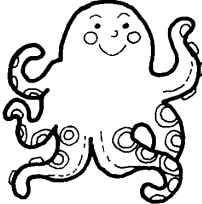
| | | | | | | | | | | |
|-----------------------|-----|-----|------|------|------|------|------|------|------|------|
| Pounds (lbs.) | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Kilograms (kg) | .45 | .90 | 1.35 | 1.80 | 2.25 | 2.70 | 3.15 | 3.60 | 4.05 | 4.50 |

Directions: Each animal's weight is shown in pounds (lbs.). Figure out each animal's weight in kilograms (kg) and write the answer in the box. Use the above chart to help you.

| | | | | |
|---|---|---|--|---|
| 1.  | 2.  | 3.  | 4.  | 5.  |
| 2 lbs. | 1 lb. | 5 lbs. | 7 lbs. | 4 lbs. |
| kg | kg | kg | kg | kg |

| | | | | | | | | | | |
|-----------------------|-----|-----|-----|-----|----|------|------|------|------|----|
| Kilograms (kg) | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Pounds (lbs.) | 2.2 | 4.4 | 6.6 | 8.8 | 11 | 13.2 | 15.4 | 17.6 | 19.8 | 22 |

Directions: Each animal's weight is shown in kilograms (kg). Figure out each animal's weight in pounds (lbs.) and write the answer in the box. Use the above chart to help you.

| | | | | |
|---|---|---|--|--|
| 6.  | 7.  | 8.  | 9.  | 10.  |
| lbs. | lbs. | lbs. | lbs. | lbs. |
| 3 kg | 6 kg | 9 kg | 10 kg | 8 kg |