

Name: _____

BACK TO SCHOOL

Directions: How do you feel about school? Explore the Web site below to learn more about what you can do to be happy and successful in the new school year. Then fill in the missing words to complete each sentence below.

Web Resources:

Back to School

http://kidshealth.org/kid/grow/school_stuff/back_to_school.html



1. Most kids feel _____ and _____ on the first day of school.

2. One thing you can do to feel more comfortable is _____.

3. You'll do better in school if you get enough _____, eat a balanced _____, give it your best _____, develop good _____, and have a positive _____.

4. Three things you can do if you don't like school are _____

5. A backpack should weigh no more than _____ percent of a kid's body weight. Your backpack should weigh about _____ lbs.

Something to Think About: Why should you care about school?

Learn More: For tips on staying safe during the new school year, explore Back-to-School Safety Tips at http://www.nsc.org/mem/youth/8_school.htm. Create your own school safety poster.