

Name: _____

MIGHTY MUSCLES

Directions: What do you know about the muscles in your body? Use the Web site below to learn more about muscles. Then read the answers on this page. Write a question to go with each answer.

Web Resources:

Welcome to Muscles

<http://tjunior.thinkquest.org/5777/mus2.htm>



1. _____ ?.

Answer: link bones across joints.

2. _____ ?.

Answer: superficial muscles.

3. _____ ?.

Answer: 640.

4. _____ ?.

Answer: by expanding and contracting.

5. _____ ?.

Answer: skeletal, smooth, and cardiac.

Something to Think About: What do you think is the most important job of the muscles in your body? Why do you think that?

Learn More: Go to Jump Into a Healthy Life at <http://tjunior.thinkquest.org/5407> and take a quiz, complete a word search, or learn some new jump rope techniques to practice during recess or after school.