



Backpack-tivity:

An @Home Learning Activity

Grocery Store Math

Introduction:

As you complete this activity, you'll learn how to save money at the grocery store.

Materials:

You'll need paper, a pen or pencil and a calculator.

Directions:

Family Partner: Ask your child to choose what you'll have for dinner. Write a menu based on his or her choices.

Student: Make a list of the ingredients you need for your dinner menu. Find out what you already have at home. Make a shopping list for the remaining ingredients.

Family Partner and Student: Before you go, check the newspaper or grocery store flyer for coupons for the items you need to buy. At the store, find each item on the grocery list. Compare prices and nutritional information to decide which brand of each item to buy. As you wait in the checkout line, estimate what the total cost of your groceries will be. Use a calculator to find the exact amount.

Talk About It:

What was your total grocery store bill? How much money did you save by using coupons? What would your total have been without coupons? How far off was your estimate from the amount of money the groceries actually cost? Write your answers on these lines.

Learn More:

Prepare your dinner together!

This activity was completed by _____ and _____.