



Backpack-tivity:

An @Home Learning Activity

Make a Time Capsule

Introduction:

As you complete this activity, you'll learn about your family's history.

Materials:

You'll need a sturdy container, a pen or pencil, paper, and a collection of special family items.

Directions:

Work together to collect items that hold special family memories. You might collect, for example, photos of a family trip, a pet's collar, a baby blanket, an old t-ball team shirt, a kindergarten report card, and so on. Write a note, with today's date on it, explaining why each item is special. Put the note and all the items in a sturdy container, and "bury" the container in the back of a closet. Wait *at least* a year to open it.

Talk About It:

As you collect each item, talk about why it is special to you. On the lines below, write where you buried your time capsule and the date on which you will "dig" it out.

Learn More:

For more ideas on items to put in your time capsule, check out the *Family Time Capsule* page at <http://extension.usu.edu/files/tipsofweek/capsule1.pdf>.

This activity was completed by _____ and _____.