Physical Fitness Month

The paragraph below tells about a special date in May history. Can you find and mark ten errors in the paragraph? You might look for errors of capitalization, punctuation, spelling, or grammar.

Since 1983, May has been National physical fitness Month in America. The celebration are designed to encourage exercise and a healthy lifestyle. Students can take part by playing games eating lots of fruits and vegetables, and having fun. It's very important, to get some exercise ever day.