

# Some Schools Replace Desk Chairs With Ball Chairs



## Use the News

### Comprehension Check

Read each statement below. Choose the word that best fits in each statement. Color the circle before that word.

- Some schools are using ball chairs made of \_\_\_\_\_.  
 a. wood       b. rubber       c. plastic       d. steel
- Teachers say that kids who sit on ball chairs tend to have more active \_\_\_\_\_.  
 a. eyebrows       b. brains       c. bellies       d. bottoms
- Some teachers plan “bounce breaks” so kids can get rid of extra \_\_\_\_\_.  
 a. energy       b. pounds       c. money       d. homework
- Ball chairs are becoming more \_\_\_\_\_ in classrooms around the world.  
 a. harmful       b. round       c. active       d. common
- Kids who sit on ball chairs have better \_\_\_\_\_ because they must sit upright.  
 a. brains       b. grades       c. posture       d. lessons

### Main Idea

Color the circle next to the statement that best describes the *main idea* of this week’s News for You story.

- Ball chairs can help kids pay attention to schoolwork and do better in school.
- Some teachers give kids “bounce breaks.”
- Exercise balls come in many different colors.
- Students must be taught to use the ball chairs like chairs, not balls.

### Vocabulary Builder: Idioms

In this week’s news story, you read about teachers who say that ball chairs help kids “stay on the ball.” Each sentence below includes an action idiom. On the line below each sentence, explain the idiom’s meaning in your own words.

- Ball chairs can help kids be less **antsy**.  
\_\_\_\_\_

- We hope the new computer system will be **up and running** after the holiday break.  
\_\_\_\_\_

- Sal **gets a kick out of** beating his older brother at a game of checkers.  
\_\_\_\_\_

- We didn’t make any plans for our vacation time, so we just plan to **go with the flow**.  
\_\_\_\_\_